

Kids Can Choose Clean Air

What difference can a kid make?
As much as the whole sky!
YOU

are big enough to make choices to help the sky stay blue. And if you do it and your friends do it and everyone they know does it, that adds up to one **HUMONGOUS** choice to stop pollution.

All it will take is **10** points each day. Best of all, **YOU** get to choose.



Earn 10 points by: Using Your Feet

Tell mom or dad you don't need a ride. You have two good feet that like clean air!

Let the car stay parked **ALL**

DAY. No moaning! (Or whining.) You can still get to where you need to go. Try:



- 4 Walking
- 4 Running
- 4 Rollerblading
- 4 Riding your bike
- 4 Scooting your scooter

Or Going With Someone Else



(But only if Mom or Dad will take you - or say its okay to go with someone they know.)

Some great ideas:

- 4 Get on the bus
- 4 Take TRAX
- 4 Catch a ride with a friend

Earn 5 points for: Using Those Muscles!

Show grandpa you are as strong as he was when he was a boy. Use the same kind of push mower he did - it doesn't make ANY pollution! Guess what else is a good choice? Using a broom instead of a leaf blower. (He used one of those too!)



Earn 3 points for: Resting When It's Hot

If it's really hot outside - about **95 degrees** or more - then mowing your grass with a gas powered mower is not a good idea and it's really not a good idea to use the weed whacker. A **good idea** is to chill - read a great book - and wait until later.



And if your mom says you have to "do something" and that something is to paint the fence (like Tom Sawyer did), use a water-based paint. And, if

someone says, "let's go gas up the car and get a treat," say, "thank you. I'd really like a treat." (Because that's a fun thing to do with someone you like.) Then add, "we should **wait** until evening to go get gas." And if that person asks, "Just how are we supposed to get there?" show them all the fun ways to use **THEIR** feet!!



Earn 1 point for Remembering 4 Saving energy helps

By the way - If Mom and Dad want to know what **THEY** can do, they can learn more here:

www.CleanAir.utah.gov